#### Baby Ballet (Ages 2-3)

This class teaches coordination and dance foundation for our youngest dancers. This fun focused class will have your tiny dancer exploring many dance concepts such as pathways, sizes and shapes. During class we use many props to support story telling and to encourage creativity and gross motor skills development. It is important to us that your child feels welcome and safe so their imagination can flourish. Through music and movement our students learn and grow together.

#### Parent & Me (Ages 1-3)

This class allows one parent to participate with their young child, This fun focused class will have your tiny dancer exploring many dance concepts such as pathways, sizes and shapes. During class we use many props to support story telling and to encourage creativity and gross motor skills development. It is important to us that your child feels welcome and safe so their imagination can flourish. Through music and movement our students learn and grow together.

## Primary Ballet (Ages 3.5-5)

A great way to introduce your budding dancer to the world of ballet. A specifically designed class for young students to develop their confidence, balance, coordination, musicality and more! This fun focused class will have your tiny dancer exploring many dance concepts such as pathways, sizes and shapes. During class we use many props to support story telling and to encourage creativity and gross motor skills development. It is important to us that your child feels welcome and safe so their imagination can flourish. Through music and movement our students learn and grow together.

#### Elementary Ballet (Ages 6-8)

Ballet is the cornerstone of dance, teaching discipline, technique and elegance to classical music. Niagara Ballet students are taught following our exclusive curriculum, certified & approved by the prestigious Bolshoi Ballet Academy of Moscow. Students of all ages and abilities will enjoy this beautiful form of story telling through movement. This class does not require previous experience.

### Acro Dance (Ages 6-9)

This fun & energetic class teaches strength & flexibility. Dancers will learn Acrobatics and Jazz dance technique. Dancers must be barefoot for this class. See website uniform page for more info! \*Professional Prep Students wishing to join this class will receive a special discount!

## HipHop (Ages 6-9)

This fun & energetic class will teach your child the latest dance moves! We offer a Boys ONLY class & a co-ed class. Dancers are required to wear indoor sneakers. See website uniform page for more info!

\*Professional Prep Students wishing to join this class will receive a special discount!

## Intermediate / Senior Beginner Ballet (Ages 9+)

Ballet is the cornerstone of dance, teaching discipline, technique and elegance to classical music. Niagara Ballet students are taught following our exclusive curriculum, certified & approved by the prestigious Bolshoi Ballet Academy of Moscow. Students of all ages and abilities will enjoy this beautiful form of story telling through movement. Dancers will build on their knowledge & understanding previously learned in Elementary Ballet. This class does not require previous experience.

# Senior Ballet (Ages 12-17)

Ballet is the cornerstone of dance, teaching discipline, technique and elegance to classical music. Niagara Ballet students are taught following our exclusive curriculum, certified & approved by the prestigious Bolshoi Ballet Academy of Moscow. Students of all ages and abilities will enjoy this beautiful form of story telling through movement. Dancers may begin pointe in this class pending assessment and approval by NB Director. Basic Ballet level experience required.